
Kenton Korner

ONE KENTON PLACE
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Coming up in October!

October 5:

Entertainment
by Ashley

October 12

Thanksgiving Event
with Eddie, singing
and playing guitar

October 19:

Entertainment by
Ash, singing and
playing guitar

October 26

1920s Event with
Eddie, singing
and playing guitar



A Message from our Executive Director

As we step into October and the weather begins to change, it feels like the perfect time to pause, reflect, and look ahead. The past months have been filled with both meaningful moments and challenges, and together we've continued to grow as a community.

This season naturally invites us to reflect on what has been, while also setting our sights on how we can keep improving for the future. At One Kenton Place, we are committed to always finding ways to strengthen the care, support, and joy we provide to our residents and families.

With the colder months just around the corner, our team is well prepared — from ensuring comfort and safety to planning events and activities that will keep our home full of warmth and connection.

We know that open, clear communication is the foundation of trust, and we are applying special focus on improving our pathways for sharing updates and listening to feedback. Our goal is to ensure that families remain an active part of the conversation about how OKP continues to grow and evolve.

Together, we'll carry this spirit of collaboration into the season, keeping our residents at the heart of everything we do.

I look forward to sharing a season of reflection, renewal, and celebration with all of you.

Thank you for being part of our OKP family.

Lev Talis, Executive Director



A Message from our Nursing Leaders

Welcome Fall at OKP: Upcoming Flu Vaccine Clinic & Seasonal Health Guidelines

We're pleased to announce that our annual flu vaccine clinic will be scheduled between October and November. This clinic is part of our ongoing commitment to keeping our residents, staff, and families safe and healthy.

Flu Vaccine Clinic Details

- **Dates: To be confirmed (between October and November)**
- **Location: OKP nursing station**
- **Eligibility: Residents and staff; family members may inquire about availability**

Feeling Unwell? Please Stay Home

With the fall season comes an increase in cold and flu cases. If you or a family member are experiencing symptoms such as:

- Cough
- Fever
- Sore throat
- Runny nose

Please do not visit the facility. This helps us protect our vulnerable residents and maintain a safe environment for all.

Hand Hygiene Reminder

Handwashing remains a simple yet powerful tool in preventing the spread of illness. We kindly ask all visitors and staff to:

- Wash hands upon entering and exiting the facility
- Use hand sanitizer stations located throughout OKP
- Avoid touching your face, especially eyes, nose, and mouth

Celebrating Fall with Our Families

Despite the precautions, we're excited to welcome the fall season with warmth and joy. Stay tuned for upcoming seasonal activities and events designed to bring families together in safe and meaningful ways. Thank you for your continued support and cooperation. Let's make this fall a healthy and happy one for everyone at OKP!

Kiran Sarlech, Director of Care and Julieta Zaharov, Assistant Director of Care



A Message from our Recreation Department

As we head into the month of October, we have a lot of deeply engaging special events and various themed programs planned. On October 5, we will be having entertainment by Ashley who will be singing and playing familiar songs from our residents' past. This is a popular program that combines entertainment with cognitive recall and reflections about memorable moments.

On October 12, we will be having our Fall/Thanksgiving special event with Entertainment by Eddie. This event is a great opportunity to spend time with family, dance and sing to upbeat music, and enjoy some delicious desserts.

On October 19, the very popular Ash will provide residents musical entertainment on guitar. And, on October 26 we'll be having our 1920s-themed party, complete with accessories for the ladies and the men, delicious food, and the always upbeat entertainment on guitar by Mark.

We will also be incorporating fall-themed programming this month, including special harvest-themed and religious-oriented programs. One example is a special pumpkin-carving program, which will engage and encourage direct participation from the residents. This program provides the physical benefits of encouraging hand-eye coordination by having residents scoop-out the pumpkin contents. The program also provides a sensory component by having the residents feel what they are scooping.

As well, we will have a pumpkin loaf baking program, which is a seasonal twist on our popular and ongoing Challah-baking programming. As well as providing range-of-motion activity and tactile cues, this program is a wonderful opportunity to facilitate reminiscing and a chance for residents to discuss their favorite items they liked to bake.

Lastly, we will be celebrating the Jewish holiday of Sukkot with a creative and engaging themed craft, as well as a visit from the Rabbi with a Lulav and Etrog for the residents. This religious programming is a favourite of residents, as it facilitates socializing and fond and deep memories of previous years.

Rachel Balofsky, Director of Recreation



A Message from our Culinary Department

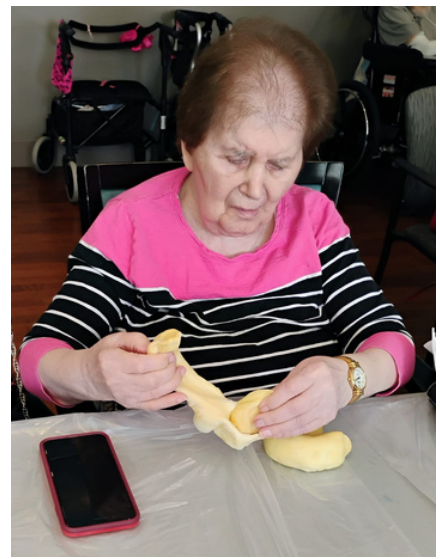
Dear Families,

As we welcome the autumn season, I'm excited to share that our new Fall Menu is now being served here at One Kenton Place. Our fall menu highlights the hearty comfort foods of the season, featuring warm and nourishing dishes such as rustic soups, slow-simmered stews, and our ever-popular shepherd's pie. At the same time, we've ensured that many of the long-time favorites your loved ones enjoy remain on the menu, providing both comfort and familiarity alongside fresh choices and seasonal flavors.

I also want to remind you that I'm always available should you wish to share input on menu items or make special requests for your loved ones. Please feel free to reach out to me directly at servicesdirector@onekentonplace.ca — your feedback is always valued as we continue to provide meals that bring comfort and joy to our residents.

Moshe Oziel, Services Director

PHOTO BOOTH





For excellent care, it's the one.